



## GUIDELINES FOR POSTER PRESENTATION

The message of the posters should be clear and understandable without oral explanation. Include a short and comprehensive review of the basic items from the study. You may divide the text into several clear sections: title, authors, introduction, methods, results, conclusions, and major references.

Format should be A4-format and the size of the printed posters should not exceed the following measurements: Width - 95 cm/ height - 200 cm. All posters should be legible from a distance of at least 3 m, so lettering, lines and drawings should be adjusted.

If you participate in Copenhagen, please bring a hard copy of your poster. If you participate online, the organizer will print a hard copy of your poster.

## IF YOU PARTICIPATE IN COPENHAGEN:

### Poster set-up and dismantling

Poster numbers will be affixed to the poster board. Authors will be able to identify their assigned poster board by locating their poster number in a list to be posted onsite. Necessary material for the attachment of the poster to the board will be supplied onsite. Do not bring any other material. The organizers have no responsibility for the displayed poster material. Set-up and dismantling of the poster will be announced on the website.

### Presentation at the Poster Session Event on Thursday 22 September 18:00-21:30

If possible, all poster presenters will be asked to include a 3-minutes presentation with 2-minutes Q&A. You will need to confirm this presentation.

For the oral presentation, we will have a computer and projector (Microsoft operating system) to make your poster visible for all participants at the poster session. Therefore, we request you to bring a USB memory stick with your poster presentation. You may have one slide of the printed PowerPoint poster, or maximum three PowerPoint slides, which illustrate your research. You have the option to e-mail your presentation to Jørgen Boesen [mail@vitaminconference.com](mailto:mail@vitaminconference.com) at least one week prior to the conference, so that there are no last-minute difficulties.

Format of all PowerPoint presentation should be **16:9 format**.

## IF YOU PARTICIPATE ONLINE:

To ensure the optimal experience for you as a speaker and the participants in Copenhagen and online participants, we ask you to record a 3-minutes presentation but be present online for the 2-minutes Q&A. Instructions for this will be forwarded to you.

Format of all PowerPoint presentation with audio should be **16:9 format** or recorded video should be in **MP4 format**.